

# Body Assessment

Define your patient's peristomal body profile as part of your holistic assessment

Patient name:

Patient record no.:

Nurse name:

Hospital:

Date:

1	<b>The form of the area around the stoma.</b> The form may change when sitting, lying down or moving.	<b>Regular</b>	The area is more or less level with the abdomen, although the skin surface may be uneven
		<b>Inward</b>	Sinks into the abdomen creating a hollow
		<b>Outward</b>	Rises from the abdomen creating a peak

Regular



Inward



Outward



2	<b>Selected form being uniform or variable</b>	<b>Uniform</b>	The form is consistent across the stoma area
		<b>Variable</b>	The form is not consistent across the stoma area

Regular  
Uniform



Inward  
Uniform



Outward  
Uniform



Variable



Variable



Variable



3	<b>Soft or firm abdomen</b>	<b>Soft</b>	The area yields to pressure (like when pressing a water mattress)
		<b>Firm</b>	The area resists pressure (like when pressing under your heel)

Soft abdomen



Firm abdomen



4	<b>Superficial creases or deep folds</b>	<b>Superficial</b>	The skin is lined, furrowed or wrinkled
		<b>Deep folds</b>	The area has deep folds of loose skin or excess fat

Superficial creases

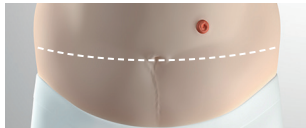


Deep folds

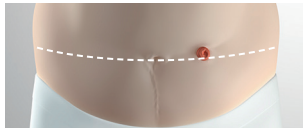


5	Location of stoma	Above bending line	The stoma is located near the ribs
		At bending line	The stoma is located where abdomen folds
		Under bending line	The stoma is located below the bending line

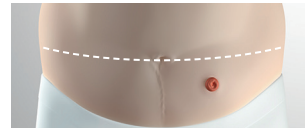
Above bending line



At bending line



Below bending line



6	Position of the stoma opening	Above skin surface	The stoma rises over the skin surface
		Level with skin surface	The stoma is level with the skin
		Below skin surface	The stoma is retracted from the skin

Stoma opening above skin surface



Stoma opening level with skin surface



Stoma opening below skin surface



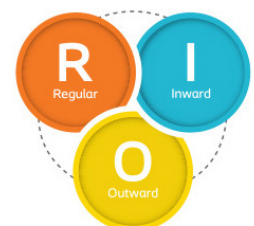
7	Type of output	Thick stool	
		Liquid stool	
		Urine	

### Key issues

### Recommended ostomy solution

Adhesive shape		Pouching system		Type of pouch
Flat	Convex Deep	1-piece		Open
Convex Soft	Concave	2-piece (mechanical coupling)		Closed
Convex Light	Other	2-piece (adhesive coupling)		Uro

### Supporting products



If you have any queries please contact your local Coloplast Territory Manager.

