

# Peristeen® Plus Patient Assessment Checklist\*

Patient Name \_\_\_\_\_

Date \_\_\_\_\_

## Contra-indications

Peristeen Plus **must not be used** in the following situations:

Known anal or colorectal stenosis Yes  No

Colorectal cancer (active/recurrent) Yes  No

Within 3 months of anal or colorectal surgery Yes  No

Within 4 weeks of endoscopic polypectomy Yes  No

Ischaemic colitis Yes  No

Acute inflammatory bowel disease Yes  No

Acute diverticulitis Yes  No

## Peristeen Plus is not recommended for:

Children under the age of 3 years Yes  No

Current or planned pregnancy or nursing women Yes  No

## Cautions

Special caution for any of the following:

Any anorectal condition, which may cause pain or bleeding e.g. anal fissure, anal fistula or 3rd/4th degree haemorrhoids Yes  No

Feecal impaction/heavy constipation. If constipated (feacally impacted) an initial clean-out of the bowels is mandatory before starting up Peristeen Plus Transanal Irrigation procedure Yes  No

Irradiation therapy in the abdominal or pelvic region Yes  No

Severe diverticulosis or diverticular abscess Yes  No

Previous anal or colorectal surgery Yes  No

Previous major pelvic surgery Yes  No

Severe autonomic dysreflexia Yes  No

Long term corticosteroid therapy Yes  No

Bleeding diathesis or anticoagulant therapy (not including aspirin or clopidogrel) Yes  No

Changed stool pattern such as sudden diarrhoea of unknown origin. The cause for diarrhoea must be identified Yes  No

Rectal medication, since the effect of such medication may be reduced by Transanal Irrigation Yes  No

## Patient information

Review of medical history and digital rectal examination (mandatory for all): Yes  No

Results/Comments \_\_\_\_\_

Does the patient have fragile bowel anatomy – previous anal, colorectal or pelvis surgery, and/or radiation therapy? Yes  No

If yes, has an endoscopy, defecography, or comparable examination been conducted to determine whether the patient's bowel could withstand Peristeen Plus TAI procedure? Yes  No

Does the patient understand the possible risks and benefits of Peristeen Plus, and agree to initiate the therapy? Yes  No

Is the patient able to perform Peristeen Plus independently? Yes  No

If not, does the patient have a carer(s) who will support with Peristeen Plus? Yes  No

Who is the carer? \_\_\_\_\_

Will the carer require training? Yes  No

**Peristeen Plus Recommended for Use** Yes  No

If the patient is found suitable to initiate treatment with Peristeen Plus, remember to schedule the appropriate training and follow-up. The patient's first irrigation must be supervised by a healthcare professional.