

Peristomal Body Profile Assessment Tool

Define your patient's peristomal body profile to identify an appropriate ostomy solution

Patient name

Date

Nurse name


1	The form of the area around the stoma The form may change when sitting, lying down or moving.		Regular	The area is more or less level with the abdomen, although the skin surface may be uneven
			Inward	Sinks into the abdomen creating a hollow
			Outward	Rises from the abdomen creating a peak


Regular



Inward



Outward



2	Selected form being uniform or variable		Uniform	The form is consistent across the stoma area
			Variable	The form is not consistent across the stoma area


Regular Uniform


Inward Uniform



Outward Uniform



Regular Variable


Inward Variable



Outward Variable



3	Soft or firm abdomen		Soft	The area yields to pressure (like when pressing a water mattress)
			Firm	The area resists pressure (like when pressing under your heel)

Soft abdomen


Firm abdomen


4	Superficial creases or deep folds		Superficial	The skin is lined, creased or wrinkled
			Deep folds	The area has deep folds of loose skin or excess fat

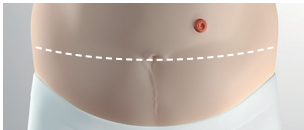
Superficial creases


Deep folds


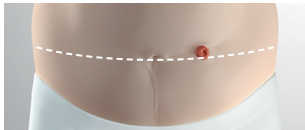
5

Location of stoma		Above bending line	The stoma is located near the ribs
		At bending line	The stoma is located where abdomen folds
		Under bending line	The stoma is located below the bending line

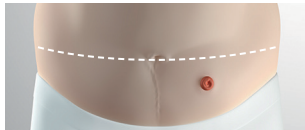
Above bending line



At bending line




Below bending line




6

Position of the stoma opening		Above skin surface	The stoma opening is above the skin surface
		Level with skin surface	The stoma opening is level with the skin
		Below skin surface	The stoma opening is retracted below the skin surface


Stoma opening above skin surface



Stoma opening level with skin surface



Stoma opening below skin surface



7	Type of output		Thick stool	Output is formed/paste consistency
			Liquid stool	Output is watery/liquid consistency
			Urine	Output is urine

Recommended ostomy solution

Adhesive shape		Pouching system		Type of pouch	
	Flat		1-piece		Open
	Convex Soft		2-piece (mechanical coupling)		Closed
	Convex Shallow		2-piece (adhesive coupling)		Uro
	Convex Deep				
	Concave				
	Other				

Supporting products

Please contact your Coloplast Territory Manager for more information.